



OCTOBER 2021

Henderson Junior High

All students eat **FREE**
breakfast and lunch this
school year!

Monday

Tuesday

Wednesday

Thursday

Friday

CORN DOG
CHICKEN CHUNKS
BAKED CHEETOS
PEAS
ORANGE PINEAPPLE CUP
GRANNY SMITH APPLE
MILK

4

BEAN & CHEESE BURRITO
CHICKEN CRISPITOS
SPANISH RICE
PINTO BEANS
CINNAMON APPLESauce
CUP, MANDARIN ORANGES
MILK

3

POPCORN CHICKEN
BBQ RIB SANDWICH
CRINKLE CUT FRIES
CORN
DICED PEARS, MIXED FRUIT
MILK

6

CHEESE BURGER
BURGER VEGGIES
STEAK FINGERS
MAC & CHEESE
GREEN BEANS
STRAWBERRY CUP
GALA APPLE, MILK

7

LITTLE CAESARS PIZZA
CHEESE BURGER
SIDEWINDERS BBQ FRIES
BABY CARROTS
GALA APPLE
PINEAPPLE CHUNKS
MILK

1

LITTLE CAESARS PIZZA
CHICKEN SANDWICH
WEDGE FRIES
CELERY, ORANGE
RASPBERRY APPLESauce
MILK

8

NO SCHOOL TODAY

11

NO SCHOOL TODAY

12

CHICKEN CHUNKS
CORN DOG
MAC & CHEESE
BAKED BEANS
STRAWBERRY CUP
GALA APPLE
MILK

13

QUESADILLA TACOS
CHICKEN CRISPITOS
SIDE SALAD
SPANISH RICE, PINTO BEANS
DICED PEACHES
PINEAPPLE CHUNKS
MILK

14

LITTLE CAESARS PIZZA
CHEESE BURGER
SIDEWINDERS BBQ FRIES
BABY CARROTS
GALA APPLE
PINEAPPLE CHUNKS
MILK

15

CORN DOG
CHICKEN CHUNKS
BAKED CHEETOS
PEAS
ORANGE PINEAPPLE CUP
GALA APPLE
MILK

18

BEAN & CHEESE BURRITO
CHICKEN CRISPITOS
SPANISH RICE
PINTO BEANS
CINNAMON APPLESauce
CUP, MANDARIN ORANGES
MILK

19

POPCORN CHICKEN
BBQ RIB SANDWICH
CRINKLE CUT FRIES
CORN
DICED PEARS, MIXED FRUIT
MILK

20

CHEESE BURGER
BURGER VEGGIES
STEAK FINGERS
MAC & CHEESE
GREEN BEANS
STRAWBERRY CUP
GALA APPLE, MILK

21

LITTLE CAESARS PIZZA
CHICKEN SANDWICH
WEDGE FRIES
CELERY, ORANGE
RASPBERRY APPLESauce
MILK

22

POPCORN CHICKEN
BBQ SANDWICH
SIDEWINDERS FRIES
BAKED BEANS
SLICED RED APPLES
DICED PEACHES, MILK

25

MOZZARELLA STICKS
CHEESE BURGER
BURGER VEGGIES
CHIPS, PEAS & CARROTS
MIXED BERRY & LEMON CUP
GRANNY SMITH APPLE
MILK

26

CHICKEN CHUNKS
CORN DOG
MAC & CHEESE
BAKED BEANS
STRAWBERRY CUP
PINEAPPLE CHUNKS
MILK

27

QUESADILLA TACOS
CHICKEN CRISPITOS
SIDE SALAD
SPANISH RICE, PINTO BEANS
DICED PEACHES
PINEAPPLE CHUNKS
MILK

28

LITTLE CAESARS PIZZA
CHEESE BURGER
SIDEWINDERS BBQ FRIES
BABY CARROTS
GALA APPLE
PINEAPPLE CHUNKS
MILK

29

We serve Borden white AND chocolate milk!

Menu subject to change. This institution is an equal opportunity provider.



PAY FOR MEALS ONLINE
MySchoolBucks.com